

**How to Manifest**

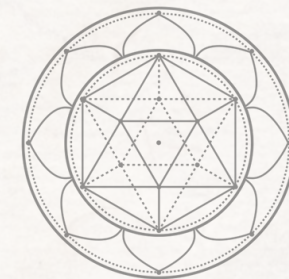
**Magic & Attract**

**More Clients**

For  
Spiritual  
Coaches


#1

# Are you EXCITED?



This is a BIG one!

Does your work/offering/service truly light you up? Really!



This is my first question to all my clients -to all spiritual coaches. If you're not 3000% excited about what you do, then either you have a limiting belief about it manifesting OR it is not truly aligned to your passion. Your excitement is the energy which generates the energy and momentum of your entire business.

## Exercise:

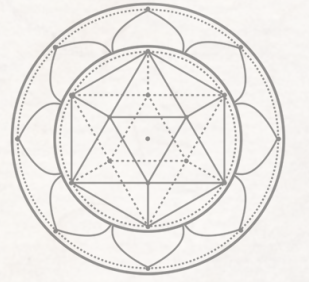
Before you proceed list ALL the things that excite you in life - everything, not just work related (anything at all that feels good when you think about it) and get yourself in the energy state of passion before you even focus on your message or marketing or anything else.

Enjoy!

#2

# Have you cleared the limiting patterns to your success and magic?

This is critical to success and flow in a spiritual business!



Here are examples of patterns that hold spiritual coaches back?

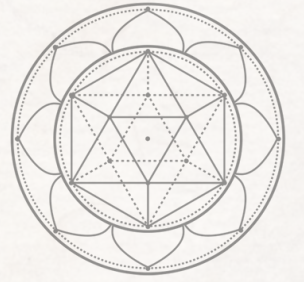
- Money is evil or wrong or not spiritual – I shouldn't charge for my service (you can't manifest more success while you hold that belief).
- I am not worthy of receiving.
- I have to be perfect before I start or step up to the next level.
- I am addicted to suffering and surviving – its familiar!
- I can only receive abundance from specific channels (and nothing else is available to me).
- My parents always struggled therefore I do.
- I am unsupported by life/the universe.
- I am stuck in an endless loop of receiving money for time.



#3

# Have you allowed yourself to dream BIG?

If not, why not?



Often we cut our dreams off at the knees because we don't want to feel let down when we don't achieve them – or we have been told it's not possible!

Unfortunately we end up stifling our energy and creating at a level way below what is possible!

## **Exercise:**

Spend 5 or 10 minutes and let yourself imagine your ideal life – in every respect. Pay close attention to how your body feels when you are doing this – if it feels good – or expanded, then keep dreaming.

Take this exercise lightly – we are just playing here! Ask questions that open up possibilities such as:


“what would it be like if...” and “what kind of magic could I connect to today?”

Really sit with each question – don't try to force an answer.

#4

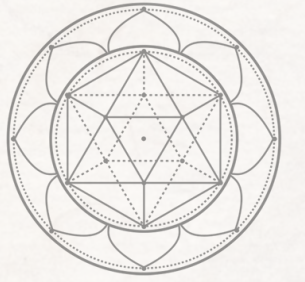
# Can you tell people what you do in one sentence?

If not - then there is a lack of clarity for you and this affects your business & your energy!



Others will also experience confusion around what you do both at an energetic level and at the level of your service!

Imagine trying to find a house in the dark with no house number and bushes and brambles hiding the house itself - that's what its like trying to find your service if YOU are not clear!


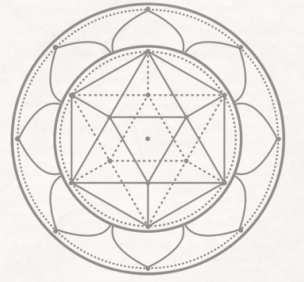




#5

# What 1 problem do you solve for your prospective clients?

Do you even know who your prospective clients are?



A lot of people, especially creative and spiritual types try to solve every problem under the sun for their client. Whilst very well intended it is also extremely ineffective especially when its comes to marketing your services. Being very broad in your offering actually leads to less clarity and less success in your business. It also means you don't stand out from others in the market! By getting clear on the 1 problem you solve (eg helping new mothers lose 10kg in ten weeks), you actually define your market, making it easy for people to find you and clear about the results they will get!

## Exercise


Spend 5 or 10 minutes and write down all the problems your skillset helps to solve. Circle the top two or three (you are already starting to get way clearer on who you are here to serve).



#6

# What is your Single Target Market (S.T.M)?

Or do you have multiple different markets and offerings?

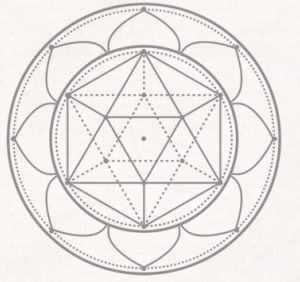


Having multiple different markets, websites and offerings is completely ineffective and in terms of gaining traction in your business damn near impossible.

When you actually decide to pick 1 market (for example mine is Spiritual Coaches) and help that market solve 1 problem (I help Spiritual Coaches get more clients) then everything else becomes so so much easier.

Now YOU have clarity & your prospective client has clarity!


Once I help clients get clear on who they are really serving they stop diffusing their energy on trying to help everyone in a million different ways, and they can truly connect to their power and clarity of who they are and who they serve. It is a great relief and it is then that their businesses truly take off!



#7

# What is your Offering, Program and/or Package?

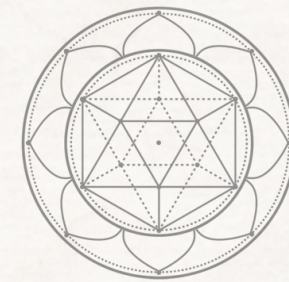
How do you know if it is what people even want?



People spend way to long trying to perfect their program (getting every module perfect – sometimes taking 6 months or longer) without even knowing if they have an audience and no clear idea of whether people even want it! When I work with clients I can help them create the bones of a program within 45 minutes or less – its that easy!!! Then I get them to test the waters with simple Facebook posts – so they can start sensing the level of interest and start booking their programs in advance before they've even created them!

**So if you were to create a program or an offering what would it be?**

Remember it needs to help your clients solve a problem! The whole program should be organised around giving people the solution they have been looking for.


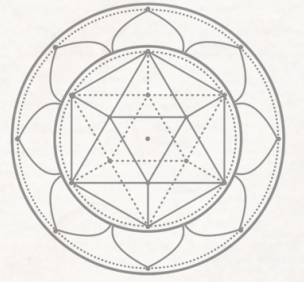




#8

# Have you helped your Client solve a problem Free Of Charge?

YES - Free of Charge!



Very few people will book your services if they don't already know you - unless they have experienced a WIN with you - until you have given them value - a result!

So it's important to be SERVICE oriented - VALUE driven.

**So what problem could you solve for your prospective client for free?**

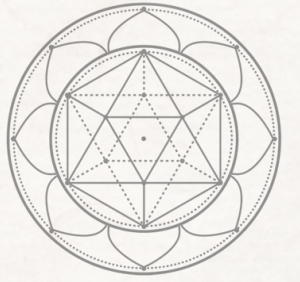
And if you can solve one problem for people for free who do you think they will think of when they want to book a similar service again.

That's right. YOU!!!



#9

# Are you willing to invest in yourself?



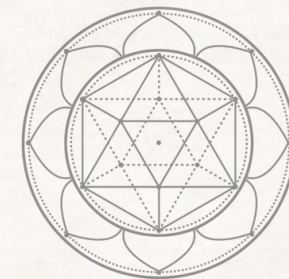
Many people want to experience a shift in their business, finances, energy or mindset but they are not willing to invest in themselves. If you don't change anything about how you feel, act and the actions you take – nothing is going to magically shift in your business!

I spent years avoiding investing in my business to “try and save money”. Unfortunately it ended up having the opposite effect as I had no clear message, I was holding onto limiting beliefs around money and abundance which stopped me from receiving abundance and generally speaking my success was slow and unpredictable. And when people asked what I did I couldn't really answer them.

Where are YOU choosing not to invest in yourself, your business, or your money flow and what would it be like if you did?

## **Exercise:**

Write a list of all the ways that you could invest in yourself, your business, your life and notice how your body feels as you do it (if you feel lighter, more joyful and more expanded that's a sign that your system is asking for this – its a big YES for you)!



Eating nutritious foods that support you in performing at your optimal

Getting a cleaner or housekeeper to clear your space (you'll feel amazing)!

*Examples of*  
**Investing in Yourself & Your Business**

Having a healing or a massage to recharge

Buying new clothes that make you feel amazing

Outsourcing jobs in your business that free up space to do what you really love

Investing in a coach to help you connect to greater clarity

# Thank You!

I truly hope this checklist  
and the exercises within  
help bring great clarity and  
magic into your life!

Christopher  
Blackwell  
Quantum Healer  
& Business  
Coach

